

INTERFERENTIAL ELECTRO-THERAPY

Interferential Electro-Therapy is a therapeutic treatment to aid in the relief of pain and promotion of soft tissue healing.

Tiny amounts of electrical impulses are induced into the tissues in the vicinity of the injury. Where these waves intersect below the surface of the skin, a low-frequency stimulation is created.



Think of it as an electronic muscle massage. This stimulation prompts the body to secrete endorphins and other natural painkillers to help relieve pain.

Interferential Electro-Therapy is most often used for pain relief and to aid in reducing the swelling of soft tissues.



Ligament sprains, muscle strains and spasms often respond to this treatment, helping to reduce atrophy